

**EASTERN ILLINOIS UNIVERSITY
COLLEGE OF EDUCATION AND PROFESSIONAL STUDIES
DEPARTMENT OF HEALTH STUDIES
HST 4275 Internship**

Instructor: Kathleen Phillips, PhD, CHES, MCHES
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Office Hours: Mon. 10-11:00; 1:30-2:00; Tue. 8:30-9:30; Wed. 10-11:00; 1:30-2:00; Thurs. 8:30 -9:30; Friday by Appointment

Course Homepage: <http://www.eiu.edu/healthst/HSTInternship.php>

Course Description: The internship experience is a vital component in the overall training of students in the Health Studies major at Eastern Illinois University with the Community Health, Health Administration, and First Responder options. The internship is designed to provide the student with professional work experiences. The internships will assist the student in assessing knowledge obtained in the classroom while acquiring and modifying practical skills needed to function as a professional in the health field

Theme: Educator as Creator of Effective Educational Environments: Integrating diverse students, subjects, strategies, and societies.

Objectives - Internship

- Provide the student with practical experiences in health-related settings under appropriate supervision by competent personnel.
- Facilitate development of the student's personal skills and knowledge needed for professional growth and employment.
- Enhance the student's understanding of the role of health-related agencies or organizations in the health care delivery system in contributing to individual or community quality of life.
- Provide the student with opportunities to gain experiences in one or more of the Seven Areas of Responsibility for Health Education Specialists(assessing needs; planning, implementing, evaluating and managing health education programs; serving as a health education resource person; advocating for health).

Objectives – Student

- Apply the knowledge and skills attained during course work to practical health-related settings and issues.
- Contribute significantly to the activities, events, and projects of the internship agency.
- Assess achievement/skill level in one or more of the Seven Areas of Responsibility for Health Education Specialists.

- Describe the overall structure and function of the internship agency and the role of the agency in contributing to individual or community quality of life.
- Assess professional strengths and weaknesses during the internship experience.

Requirements/Assignments

- Internship Requirements Quiz
- Discussion Participation:
 - Internship Site and Dates
 - In the Beginning....
- Weekly Logs
- Competencies and Task Form
- Evaluations:
 - Evaluation of Intern by Preceptor
 - Intern Evaluation of HST Coordinator
- Final Summary Report

Schedule

The 8 credit, 320 clock hour internship experience takes place in agencies that employ health education and health promotion specialists such as public health departments, voluntary health agencies, hospitals or clinics, corporate wellness programs, disaster preparedness and emergency management services, and/or mental health and rehabilitation facilities. The internship experience must encompass the Seven Areas of Responsibilities of Health Educators (National Commission for Health education Credentialing, Inc, 2010).

- Students must begin the process of arranging the internship **NO LATER** than the semester prior to interning. It is recommended starting earlier to insure the internship requirement can be met.
- The Internship is usually arranged between the junior/senior years or at the end of the student's course of study.
- It should be considered an actual job experience sometimes involving a 40-hour workweek, 8-week time slot.
- Internships arranged during fall or spring semesters can be arranged on a part-time basis and spread out over the entire semester **IF THE STUDENT'S CLASS SCHEDULE ALLOWS FOR ADEQUATE BLOCKS OF TIME.**
- The Internship time frame will generally coincide with the official calendar of Eastern Illinois University.
- The Internship application process should be initiated during the **FALL SEMESTER** prior to the anticipated semester of interning whether that involves the Spring, Summer, or the following Fall Semester.
- Internships arrangements **MUST** be completed (official contact made by HST department, interviews completed, agreement signed by all parties) by:
 - December 1 for Spring internships
 - April 1 for Summer internships
 - August 1 for Fall internships

General Information and Expectations

- Follow all requirements for securing an internship.
- Pre-register for the internship credit hours.
- Comply with **ALL** agency/organization policies and guidelines concerning the following:
 - Dress Code
 - Confidentiality
 - Professional Conduct
 - Personnel Matters
 - Sick days and holiday observances
 - Requirements such as criminal background checks and immunizations.
- Comply with university rules for tuition, registration, etc.
- Complete with all requirements of the internship including logs and the Final Summary Report by due dates.
- Contact departmental supervisor immediately if problems arise.

Required Text: None